

TOXIN-FREE MASTER LIST

I wanted to share a resource list of all the toxin-free products we use in our home, as well as some recommendations from several of my conscious mama friends (who share the same safety and performance standards)! I will say - of all the products in our home, I am most confident about the safety of my makeup and skincare.

As this group grows, there will be more recommendations and resources available - so use the search bar and type in keywords to continue expanding your lists! Let me know if I am missing something!



- ✦ **Makeup** - Crunchi - available on crunchi.com/sherryrosado
- ✦ **Makeup Remover** - Norwex Cloth, Jojoba Oil (love jojoba oil!!), Crunchi Charcoal Facial Soap
- ✦ **Face Wash** - Charcoal Facial Bar & Gentle Facial Bar - available on my website
- ✦ **Body Wash** - Crunchi Exfoliating Body Bar - available on my website, Dr. Bronner's
- ✦ **Facial Moisturizer/Daily Moisturizer** - Crunchi's Daylight, available on my website
- ✦ **Night Cream** - Crunchi's Nightlight, available on my website
- ✦ **Facial SPF** - Crunchi's Sunlight, available on my website
- ✦ **Body Sunscreen** - Poofy Organics, Badger, Carrot or Red Raspberry Seed Oil, Thinkbaby/Sport
- ✦ **Body Lotion** - Dr. Bronners, Earth Mama Organics, Poofy Organics
- ✦ **Lotion** - Dr. Bronners, Nourish Organic, Homemade Salves, Pure Haven, Poofy Organics, Nightlight by Crunchi
- ✦ **Body Butter** - Skin Foodie on Etsy or pure Coconut Oil
- ✦ **Sunless Tanner** - Chocolate Sun (Amazon)
- ✦ **Shampoos** - Evolvh, Carina Organics, Hairprint (coupon on group), Poofy Organics, Crunchi's Body Bar
- ✦ **Dry Shampoo** - Innersense, hHomemade/ Crunchi's Setting Powder with Cacao
- ✦ **Hairspray** - Innersense, Poofy Organics
- ✦ **Heat Protectant** - Feed Your Ends, Honest Beauty, Argan oil
- ✦ **Hair color** - Hairprint
- ✦ **Shaving Cream** - Dr. Bronner's, Crunchi's Charcoal Body Bar
- ✦ **Feminine Products** - Menstrual Cup, Lola, Thinx
- ✦ **Kid's Products** - Homemade, Poofy Organics, Earth Mama
- ✦ **Baby Wipes** - Jackson Reece
- ✦ **Deodorant** - Primally Pure <https://primallypure.com/>... Underarmed: <https://www.amazon.com/dp/B07PNWND13/>...
Primal Pit Paste, Piper Wai, Smiley Pits, Vermont Soap
- ✦ **Armpit Detox** - Bentonite Clay & Apple Cider Vinegar
- ✦ **Toothpaste** - Uncle Harry's, Dr. Bronner's, Primal Life, Dr. Brite
- ✦ **Mouth Rinse** - Uncle Harry's, Dr. Brite
- ✦ **Oil Pulling** - Coconut Oil
- ✦ **Teeth Whitening** - Dr. Brite, Homemade Turmeric or Baking Soda
- ✦ **Lipbalm/Chapstick** - Homemade, Badger, Dr. Bronner's, Poofy Organics, Pure Haven
- ✦ **Men's Hair Styling** - Poofy Organics, Chronos and Creed, Coconut oil/Shea, John Master's
- ✦ **Men's Beard Oil** - Chronos and Creed
- ✦ **Perfume** - Skylar, Essential oils
- ✦ **Nail Polish** - Ella+Mila, Karma (available on Amazon), Poofy Organics
- ✦ **Nail Polish Remover** - Karma, Poofy Organics
- ✦ **Bug Spray** - Poofy Organics, Homemade, Badger, Pure Haven, Greenerway
- ✦ **Dish Soap** - Attitude, Eco Me, Branch Basics, Dr. Bronner's, Poofy Organics
- ✦ **Laundry Detergent** - Buckaroo Organics, Molly Suds, Branch Basics, Norwex Powder, Soapberry Soap Nuts, White Vinegar and Essential Oils
- ✦ **Spot Cleaner** - Baking Soda, Hydrogen Peroxide, My Green Fills, Pure Haven, Sal Suds
- ✦ **Cleaning Supplies** - Steamer, Vinegar, Baking Soda, Norwex Cloths, Branch Basics
- ✦ **Home Cleaning Products** - Branch Basics
- ✦ **Candles** - SeaLoveCandles.com (use **NEWLEAF10** at checkout for 10% off!)

****DISCLAIMER****

Advice and recommendations given in this group are at the reader's sole discretion and risk. You should see YOUR own qualified, licensed doctor before beginning any diet, nutritional, or aromatherapy program. Information presented here is not to be interpreted as an attempt to prescribe or practice medicine. Statements and information in this group have not been evaluated by the Food and Drug Administration. No product offerings or services are intended to treat, diagnose, cure, or prevent any disease.